

Alberto Ferrini Bronzoni

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Born in Vimercate on the 21/11/1988

PROFILE

I am an Italian physiotherapist and chiropractor who has moved to the United Kingdom to expand my professional knowledge as well as to face new challenges and new experiences. Recently, I moved back to Italy to start my own business.

I am a determined, motivated, and hard working person, open to new ideas and concepts and adaptable to every environment.

EDUCATION

September 2011 – September 2015: Master of Chiropractic at Welsh Institute of Chiropractic (University of South Wales).

Seminars attended: ABC -Advanced Biopostural Correction- (April 2015); Leonard Faye chiropractic technique (May 2015); "Introduction to dry needling" seminar, AECC, Bournemouth (May 2016); "Lower extremity module" with FICS -International Federation of Sport Chiropractic-, Oxford (October 2016); "Taping: Effects and Outcomes", Newport (October 2016); "Upper extremity module" with FICS, Lausanne (June 2017); "The Art of Communication" seminar, AECC, Bournemouth (July 2017); Webinars on "afferentinput.org" managed by Dr Simon King; "Gonstead technique" seminar, AECC, Bournemouth (March 2018); "Gonstead technique" (advanced level) seminar, BCC, Barcellona (October 2018), "Sanrocco Method: TMJ", AECC, Bournemouth (Marzo 2019).

April 2011: TOEFL Certificate.

September 2007 - November 2010: Università di Milano - Bicocca

Graduated in Physiotherapy.

Extracurricular Courses: Sport Massage, Pompage Method, McKenzie Technique, Sahrman Diagnostic Approach.

September 2002 - June 2007: Liceo Classico Bartolomeo Zucchi, Monza, Italy.

OTHER COURSES and QUALIFICATIONS

First Level swimming teacher qualification (2008).

Lifeguard qualification (2009).

Hydrokinesitherapy, Gaetano Pini Rehabilitation Centre, Milan (2011).

Trigger Points management, A.I.F.I. (Italian Association of Physiotherapists), Pavia (2011).

Use of TECAR technology (physical therapy), Elettronica Pagani, Paderno Dugano (2011).

"Emergency Life Support" first aid course, Ajuda training, University of South Wales (June 2014).

CAREER HISTORY

Currently (2018) – Owner of the clinic AFB chiropractic in Vimercate (MB).

Common diagnoses of patients complaints: wide range of MSK problems, neurological and post-surgery rehabilitation mainly.

Main responsibilities:

1. Taking patient history
2. Performing physical examination (Postural, spinal palpation, neurological and orthopedic tests).
3. Setting a plan of management for the treatment.

4. Performing chiropractic treatment. Diversified and Applied Kinesiology techniques is the approach most opted, but I manage the use of drops, blocks, a basic level of ABC, Gonstead, soft tissues techniques (massage techniques, Taping, Kinnective, Dry needling).
5. Managing the Clinic in its entirety, as far as marketing strategies and bureaucracy.

August 2016 – September 2017: **Chiropractor – Maristow Chiropractic Clinic, Westbury.**

Main responsibilities: pure chiropractic duties, most of them already mentioned above.

August 2015 – August 2016: **Chiropractor – Milton Keynes Chiropractic Clinic, Bletchley, Milton Keynes.**

Main responsibilities: pure chiropractic duties, as mentioned above. The Clinic was also provided of a X-ray machine, so I was allowed to take X-ray when necessary.

October 2015 – August 2015: **Physiotherapist - Bletchley Rugby Team.**

Main responsibilities: provide physiotherapy treatments for various MSK problems, low back pain, shoulder injuries, postural dysfunction, Tendinopathies and other sport trauma, first aid during training sessions and matches.

Use of ultrasound and taping may be involved.

February 2015 – July 2015: **Physiotherapist – A.A.P. Physiotherapy, Abertillery Clinic.**

Main responsibilities: provide physiotherapy treatments for various MSK problems, low back pain, shoulder injuries, postural dysfunction, whiplash injuries, to insured patients.

September 2014 – May 2015: **Physiotherapist - Ferndale Rugby Team.**

Main responsibilities: similar to those ones I have currently with Bletchley Rugby Team.

July 2014 – June 2015: **Senior Chiropractic Student - WIOC Chiropractic Clinic, Pontypridd**

Common diagnoses of patients complaints: LBP, neck problems (whiplash, facet joint irritation, muscle strain), musculoskeletal problems (tendinopathies or shoulder instability).

Main responsibilities:

1. Taking patient history
2. Performing physical examination (spinal palpation, neurological and orthopedic tests).
3. Final diagnosis under tutors supervision.
4. Setting a plan of management for the treatment.
5. Performing chiropractic treatments.
6. Clinical Management shifts involving record duties, urine analysis and basic cleaning sessions.

November 2010 – July 2015: **Physiotherapist - Self Employed.**

September 2012 - May 2013: **Swimming teacher - Stingray Swimming School, Cardiff.**

December 2010 - August 2011: **Hydrokinetic therapist - CSR Rehabilitation Centre, Carugate (Milan).**

Both public and private centre with agreements with the national health system.

The CPD course I attended in Italy allowed me to perform rehabilitation in water. Through Hydrokinesitherapy is possible to manage a wide range of pathologies.

I usually worked with patients recovering from surgery involving frozen shoulder, rotator cuff reconstruction, hip or knee replacement.

I also had the chance to work few neurological patients affected by pathologies like Down's Syndrome, Cerebral Palsy and Dystrophy.

December 2010 - August 2011: **Physiotherapist - Cooperativa San Donato, Osio Sotto (Bergamo).**

Big centre offering multiple services within the centre itself of as outpatient care, registered with ASL.

Main responsibilities:

1. Delivering outpatient care to patients affected by MS, Dementia, Ataxia, Parkinson and other

- neurological symptoms, often providing conservative care to slow down degeneration.
2. Working within the centre providing care to geriatric patients.

December 2010 - August 2011: **Massophysiotherapist - Fisiomedica Rehabilitation Centre, Villasanta (Monza Brianza).**

Private clinic, without any agreement with the Italian national health system (ASL).

Patients typology: all Orthopedic/Musculoskeletal patients; mainly neck pain, LBP and few cases of whiplash, along with muscles and tendon injuries (e.g. lateral epicondylitis).

Main responsibilities:

1. Performing soft tissue therapies like deep massage, sport massage, trigger point management, cross friction technique.
2. Performing stretching technique as PIR, PNF, eccentric muscle technique, passive and active release.
3. Use of physical therapies (mainly Ultrasound and TENS).

September 2007 - August 2011: **Swimming teacher and pool lifeguard - Vimercate Swimming Pool , Concorezzo Swimming Pool, Carugate Swimming Pool, Trezzo Swimming Pool (throughout the years).**

If required, I am happy to disclose any further information with regards to full details of my educational and career history as well as the courses I have attended and the qualifications I have gained.

PERSONAL INTERESTS

Since I was very young I have been passionate about Swimming. I have practiced this discipline at competitive levels with dedication, being part of different teams for 9 years.

Over years, I developed an interest in traveling and a strong curiosity for other countries and cultures.

In my spare time, I enjoy reading and watching films which can increase my personal knowledge and expand my mind.

REFERENCES

Emer Parker, Owner of A.A.P. Physiotherapy, Cardiff and Abertillery
e-mail: abertillery@aapphysiotherapist.co.uk cardiff@aapphysiotherapy.co.uk

David Byfield, Head of WIOC.
e-mail: david.byfield@southwales.ac.uk

Luca Bertella, Physiotherapist and Dentist - Studio Stomacologico, Dr. D. Andreoni, Vimercate (Monza Brianza).
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